

## Avocado Pesto

- 2 ripe avocados
- 3 cups spinach
- 1 tsp. Sea salt
- Juice 1 lemon
- Juice 1 lime
- 1 chilli de-seeded
- 1/3 cups of nuts (I used a mix of pistachio and pine nuts)
- 20g fresh basil
- 1/4 cup extra virgin olive oil
- 1/2 cup grated parmesan
- 2 cloves of garlic

In a hand blender (I used my smoothie maker) blitz all the ingredients up until smooth.

DONE!!!

Pop into an airtight sterilised jar and drizzle more oil on the top and seal.

Use mixed into your favourite pasta, spread it over fish or drizzle it over a salad!!